

# Red Cross Ready

11/6/2024

## Summary:

This lecture covers disaster preparedness, focusing on how individuals and households can prepare for emergencies like wildfires, home fires, earthquakes, tsunamis, and other natural disasters. Key topics include creating emergency kits, making disaster plans, staying informed, and responding to tsunami warnings. The speaker also provides specific guidance for tsunami preparedness, including understanding evacuation zones, routes, and natural warning signs. The overall goal is to empower attendees to take proactive steps to protect themselves and their families before a disaster strikes.

## Outline:

### I. Introduction

- A. Importance of disaster preparedness
- B. Presenter background and role

### II. Disasters and their Impacts

- A. Common disaster types in the area
- B. Limitations of emergency responder capabilities

### III. Preparing an Emergency Kit

- A. Two kits: home and go-bag
- B. Essential supplies (food, water, first aid, documents, etc.)
- C. Customizing for special needs

### IV. Creating a Disaster Plan

- A. Identify responsibilities and meeting places
- B. Planning for communication and evacuation
- C. Considerations for pets and those with access/functional needs

### V. Staying Informed

- A. Local warning systems and communication channels
- B. Understanding watch vs. warning notifications

### VI. Tsunami Preparedness

- A. Tsunami basics and warning signs
- B. Evacuation procedures and designated safe zones
- C. Protective actions before, during, and after a tsunami



## **VII. Additional Resources and Next Steps**

- A. Red Cross apps and educational materials
- B. First aid training and volunteering opportunities